

Dear International partners, students, staff members,

This year, the whole world had to face and still continues battling a unique challenge. During this extreme period Šiauliai State College adapts its activity based on the regulations issued by the Government of the Republic of Lithuania. The new academic year of 2020/2021 is approaching fast; therefore we would like to inform you about our plans for the upcoming months.

Currently, Šiauliai State College is planning to hold face-to-face teaching activities until further notice of the Government of the Republic of Lithuania. In case the Government issues the statement regarding the online studying in the beginning (or in the middle) of the semester, ŠVK is ready to change from face-to-face teaching to online teaching without any delays and additional issues.

In case of the inability to come for physical mobility under Erasmus+ exchange programme, we strongly recommend beginning the semester at Šiauliai State College or having teaching activities virtually and to come Šiauliai State College whenever the situation allows doing so!

Looking forward to welcoming you at Šiauliai State College,

Coordinators of International Relations and Project Management Department





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**INFORMATION FOR INTERNATIONAL STUDENTS AND STAFF BEFORE ARRIVAL
TO LITHUANIA**

TRAVEL TICKET	Make sure you booked a travel ticket with flexible rebooking option.	
SUBMIT INFORMATION ABOUT ARRIVAL TO ŠIAULIAI (LITHUANIA)	As soon as you buy your travel tickets, please submit the information about arrival to the destination city to the Coordinator at Sending and Receiving Institution (by the following e-mail: g.zdanaviciene@svako.lt).	
HEALTH INSURANCE	It is strongly recommended that your health insurance covers all medical expenses in case of COVID-19, because otherwise you will need to cover such expenses by yourself. Also, some of the COVID-19 related insurances become valid and cover medical costs only after 14 days of purchase of insurance (or of your arrival). PLEASE CAREFULLY CHOOSE YOUR HEALTH INSURANCE AND READ ALL INSURANCE CONDITIONS	
CONTACT YOUR EMBASSY/ CONSULATE	We strongly recommend contacting your country's Embassy/consulate in Lithuania or the closest to Lithuania and inform about your arrival to Lithuania, purpose, dates, and accommodation address.	
LIST OF INFECTED COUNTRIES	CHECK and double-check whether you must or you must not proceed with self-isolation after arrival to Lithuania. The list of the countries is being updated every week on Mondays based on the overall 14-day incidence rate per 100,000 population. Rate must lower till 16 and less that entry to Lithuania from that country become possible. Link where you can find information about situation in Lithuania and renewed list of countries: https://koronastop.lrv.lt/en/	
WHAT TO BRING?	Due to threat of COVID-19 situation, please make sure you bring with you face masks (we recommend bringing several masks). We strongly recommend bringing your laptop or other convenient mobile devise for communication and following of lectures online in case epidemiological situation restricts from participation in face-to-face education and part of all study process will be delivered remotely. Mobile phone/devise or laptop will also be needed for constant communication, counselling and information provision with you if you arrive from country with mandatory self-isolation during the period of 14 days.	
	Arrival from COVID -19 affected country with mandatory self-isolation for 14 days	Arrival from country without obligatory self-isolation
REGISTRATION	Upon arrival, but not later than in 24 hours after entry into the Republic of Lithuania, to submit information to the National Public Health Centre under the Ministry of Health. Information is submitted by completing the Traveler Card you have received on the plane or at the border checkpoint or an electronic version of the form on the NPHC website https://keleiviams.nvsc.lt/lt/form and	Welcome to Lithuania, you can proceed to your accommodation place. Please act responsible and follow the updates provided by ŠIAULIAI STATE COLLEGE and Lithuanian government https://koronastop.lrv.lt/en/



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	<p>you will receive bar code (QR code) which you will need to present at the airport.</p> <p>Make sure you provided the correct personal information in the online application as National Public Health Centre specialists will be contacting you daily during your mandatory self-isolation period and ask about your health condition.</p> <p>Call hot-line no. 1808 and Book an appointment for COVID -19 Test within 24 hours after your arrival. Once the time of Covid-19 test is allocated by the hot-line, please contact your coordinator at Receiving Institution and inform.</p>	
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RULES

If you are subject to 14 days isolation – you MUST strictly observe isolation rules.

You must wear protective equipment covering the nose and mouth (face masks, respirators or other equipment) from the beginning of your arrival until you reach self-isolation place.

Do not forget to open the windows to create ventilation every 2 hours for 10- 15 min.

Daily cleaning of all surfaces of the living place is obligatory. Hygiene is essential!

Please note, that during the mandatory self-isolation period you ARE NOT allowed to leave place of self-isolation unless given a permission of the National Public Health Centre under the Ministry of Health.

Leaving of self-isolation place is ONLY AFTER THE PERMISSION GRANTED.

PERMISSION MUST BE REQUESTED beforehand online: <https://nvsc.lrv.lt/lt/epidemiologiniu-tyrimu-rezultatai-ir-kita-svarbi-informacija-1/leid-pal>

Permission is issued only if a test for COVID-19 disease (Corona virus infection) has been performed and a negative response has been received no earlier than 7 days after the date of arrival / return to the Republic of

ATTENTION! As from August 1, wearing protective equipment covering the nose and mouth is obligatory in public transportation, other public indoor shopping and service provision spaces.

Face masks will not be mandatory in public catering facilities and during cultural and sporting events.

Exceptions will also be applied to the services that cannot be provided while wearing a mask (such as beard trimming).

MANDATORY TO BRING	Make sure you bring with you face mask (or sufficient number of single-use face masks), thermometer, hygienic items (shampoo, shower gel, toothpaste, towel and other things you might need during 14 days of self-isolation)
ACCOMMODATION OPTIONS	<p>For self-isolation we will provide Šiauliai Stae College Student dormitory, address: M. K. Čiurlionio st. 18, Šiauliai. It will be possible to accommodate 1 student per room. The safety of students is ensured by CCTV.</p> <p>We ensure informative recommendations and instructions on safety in the dormitory and outside in English and Lithuanian in all public spaces of the dormitory (by the entrance, in kitchen areas, etc.). Information will be constantly updated and published at http://www.svako.lt/en, will be sent by e-mail and using social network, such as <i>Facebook</i>.</p> <p>Safety measures ensured at the dormitory: disinfection, masks, etc.</p>

PSYCHOLOGICAL AND OTHER SUPPORT

Foreign students will be able to access online support from psychologist and consultations.

Coordinators of International Relations and Project Management Department, representatives of the Faculties, administrative divisions, and members-mentors of Student association will provide all the necessary help, support and information.

FOOD DELIVERY SERVICES will be provided based on the need.

Food delivery services in Šiauliai:

- *Barbora* www.barbora.lt/
- *BOLT FOOD* <https://food.bolt.eu/en-us/>
- *LĖKŠTĖ* <https://www.lekste.lt/en/>
- *MENIU* <https://www.meniu.lt/katalogas/siauliai?page=2>

ADDITIONAL INFORMATION

We strongly advice to follow common COVID-19 (coronavirus infection) **prevention measures**:

- social distancing from others by 2 meters,
- regular hand hygiene with warm water and soap,
- if water and soap is not available – to use hand antiseptics (disinfection means) to clean hands,
- not touching the face and eyes with hands,
- to follow coughing and sneezing etiquette (cover your mouth with a tissue when coughing and sneezing or if you don't have a tissue, cough or sneeze into your elbow, not your hand).

Check out the **recommendations** of the World Health Organization on **how to protect yourself**.

Important information for foreigners regarding the Coronavirus (COVID-19) (Ministry of Foreign Affairs): <https://urm.lt/default/en/important-covid19>



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CONTACT INFORMATION:

Please contact International Relations and Project Management office in case of any questions about arriving to Šiauliai State College by the following e-mail:

Erasmus+ international students and staff members for teaching and training mobility from programme countries (**Erasmus+ KA103**): Gina Zdanavičienė, g.zdanaviciene@svako.lt

Erasmus+ international students staff members for teaching and training mobility from partner countries (**Erasmus+ KA107**): Raminta Kudrickaitė, r.kudrickaite@svako.lt

International students for full-time studies at Šiauliai State College: Rasa Bražienė, admission@svako.lt