



ERASMUS + BLENDED INTENSIVE PROGRAMME (BIP) DIETETICS AND COSMETOLOGY PROGRAMME: INTERDISCIPLINARY APPROACH TO DFU (DIABETIC FOOT ULCERS) AND PLANTAR WARTS TREATMENT

SAVE THE DATE: 08 – 12th of May 2023

As part of **ERASMUS+** **Stefan Batory Academy of Applied Sciences** in Skierniewice (Poland) invites YOU to be a part of **BLENDED INTENSIVE PROGRAMME** dedicated to the problem of recurrent infections of viral warts of the feet and the prevention of diabetic foot ulcers from the perspective of a cosmetologist and dietitian.

Students as well as teaching staff are welcome!



**Dates: 04th&05th May 2023 (online)
08th - 12th May 2023 (on-site)**

**Host institution:
Stefan Batory Academy of Applied Sciences in Skierniewice, Poland (ANSB)**

**Partner institutions:
Klaipeda State University of Applied Sciences, Lithuania
International College of Cosmetology, Latvia
Riga Medical College of the University of Latvia, Latvia**

Credits: The successful attendance awards 3 ECTS, students will receive the certificate

Bachelor level students are welcome to join the programme, as well as teaching staff.

The BIP course is mainly addressed at students from Cosmetology, Nutrition and Dietetics, Nursery and Food Sciences

Accommodation: Students will be accommodated in ANSB dormitory, located on the campus.

**Address:
ul. Batorego 64C
96-100 Skierniewice
Poland**

**Contact:
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Web: www.ansb.pl**

Aims of the Programme

The aims of the Programme are:

- To provide students with detailed knowledge of:
 - ✓ the role of gut microbiota in wound healing and DFU
 - ✓ the role of nutrition in wound healing
 - ✓ specific nutrients potential to modulate the activity of the immune system
 - ✓ therapeutic proceedings in the cosmetologist's office in viral warts and DFU
 - ✓ therapeutic potential of bioactive dietary compounds
- To promote understanding of current theories of the relationships between diet and wound healing
- To train students in methods used in contemporary cosmetology
- To develop skills in written communication of original scientific material

Intended Learning Outcomes

Subject Knowledge and Understanding:

On successful completion of this Programme, students should be able to demonstrate knowledge and understanding of:

- Mechanisms of wound healing
- DFU contributive factors
- The links between nutrition and wound healing
- The links between nutrition and immune functions
- Strategies of viral wart treatment
- Diabetic foot ulcer preventive strategies at cosmetologist office

Programme structure


The program includes lectures and workshops. Lectures consist of computer-based presentations. Lecture material is supplemented by a program of directed study, including review papers and original research publications.

Students are provided with a comprehensive portfolio of reading material in electronic format. The workshops will be carried out in studios on the premises of the university.

Language of instruction: English



Programme*

Date	Programme*	Place
04&05 th May 2023	Virtual mobility Microbiota in health and disease (<u>online</u>) Bioactive compounds in health and disease (<u>online</u>)	Microsoft Teams
07 th May 2023	Arrival	Dormitory
Monday 08 th May 2023	9:00 Meeting Lectures Immunonutrition (Dominika Schulz) Antiviral bioactive compounds (Joanna Soin)	Leisure time Integration – Zadębie Lagoon (Galeon)
Tuesday 09 th May 2023	Lectures Diabetic foot ulcers - The Gut-Skin Microbiota Axis and Its Role in Diabetic Wound Healing (Dominika Schulz) Nutrition and diabetic wound healing (Dominika Schulz) Natural Compounds for Wound Healing (Joanna Soin) Cellular and molecular basis of wound healing in diabetes (Joanna Soin)	Leisure time Ceramic workshop - Bolimów
Wednesday 10 th May 2023	Workshops Treatment of viral warts in the podiatry's office (Anna Gorol)	Leisure time Natale Vineyard - wine tasting, goat cheese tasting, fireplace
Thursday 11 th May 2023	Workshops Diabetic foot care from cosmetologist perspective (Anna Gorol) Health Sciences Convention (conference)	Leisure time A visit to the Skierniewice Market as part of the Health Sciences Convention 
Friday 12 th May 2023	9:00 Final exam 11:00 Visiting Łódź	
Saturday 13 th May 2023	Departure	

***PLEASE NOTE THAT PRESENTED PROGRAMME IS DRAFT PROGRAMME AND IT MAY BE SUBJECT TO CHANGE**

