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Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation

KA220-VET Cooperation partnerships in vocational education and training

Project No: 2021-1-TR01-KA220-VET-000032970



Dear Reader,

As you will remember, Clinical Key for Electrical Stimulation in Physiotherapy and Rehabilitation (CK4Stim) is a KA220-VET - Cooperation partnerships in vocational education and training project supported by the Turkish National Agency. The project is based on an electrical stimulation approach and will be conducted over 30 months in partnership with six institutions from Türkiye and EU. Hatay Mustafa Kemal University (HMKU - Türkiye), Başkent University (BU - Türkiye), Süleyman Demirel University (SDU - Türkiye), Mehmet Akif Ersoy University (MAKU), University of Craiova (UCV - Romania), Šiauliai State University of Applied Sciences (ŠVK - Lithuania), and are the partners of the project that is being coordinated by Pamukkale University (PAU - Türkiye).

The 4th Transnational Meeting of CK4Stim was held on 8-9 February 2024 at Süleyman Demirel University in Isparta, Turkey. While partners from all universities except the partners at UCV attended the meeting in a face-to-face environment, the UCV team attended online. The purpose of the 4th meeting was to examine participant reports regarding the pilot course and discuss the national and international survey results. All results regarding the guidebook, ppt, and personal development were discussed in conjunction with the presentations made by the partners.

Among those who physically attended, valuable representatives such as Nilüfer ÇETİŞLİ-KORKMAZ, Fatih ÇETİŞLİ and Furkan BİLEK from Pamukkale University (PAÜ), Zeliha Özlem YÜRÜK from Başkent University (BÜ), Yasemin KARAASLAN from Hatay Mustafa Kemal University (HMKÜ), Mehmet DURAY from Süleyman Demirel University (SDU), Vaida ALEKNAVIČIŪTĒ-ABLOSNKĒ from Šiauliai State University of Applied Sciences (SVK), Betül SÖYLEMEZ and Fatma Nur ALÇIN from Burdur Mehmet Akif Ersoy University (MAKÜ) were present. Eva ILIE and Oana Bianca BUDEANCA-BABOLEA from the University of Craiova (UCV) attended the meeting online. It



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was noted that Mehmet DURAY represented the Turkish Physiotherapy Association, Vaida ALEKNAVIČIŪTĖ-ABLOSŃKĖ represented the Lithuanian Physiotherapy Association, and Eva ILIE represented the Romanian Physiotherapists Association.

The 4th Transnational Meeting of CK4Stim began with opening speeches held in the SDU Faculty of Medicine meeting hall. Following the welcome speech of Dr. Lecturer Mehmet DURAY and Prof. Dr. Nilüfer ÇETİŞLİ KORKMAZ, the Deputy Head of the Physiotherapy and Rehabilitation Department, Dr. Lecturer Mesut ERGAN, expressed his satisfaction in hosting the meeting with great hospitality. After a short opening, all partners found themselves in an intense work tempo. As you know, preparatory work for the pilot course was carried out at the 3rd Transnational Meeting of CK4Stim, and then the pilot course was made available to the participants. The partners presented informational presentations on national and international reports in order to concretize the process of the pilot course, recognize deficiencies, and evaluate participant feedback. After Nilüfer ÇETİŞLİ KORKMAZ gave information about the project outputs, including pdf, ppt, and videos, the YouTube channel, open access education materials, and the demographic characteristics of the pilot course participants. The evaluations of the participants from Romania, Lithuania and Turkey about the pilot course were presented by Eva ILIE, Vaida ALEKNAVIČIŪTĖ-ABLOSŃKĖ and Yasemin KARAASLAN, and national reports were discussed. Mehmet DURAY took the stage to present the international report. The high participant satisfaction and support obtained from both national and international reports greatly relieved the fatigue of hard work.

A visit was made to Süleyman Demirel University Faculty of Medicine Hospitals Physiotherapy and Rehabilitation Department. During the visit, the partners were informed about the treatments provided, department facilities, and electrophysical agents used. In the afternoon sessions, a discussion session took place for mutual exchange of views about the material content used in the pilot course.

All partners made presentations on financial issues and short reports on project expenditures on the second day of the 4th TPM. While all partners showed a high level of sensitivity to the financial resources used in the project, Prof. Fatih CETİŞLİ, who meticulously maintains the financial reports, presented a detailed and comprehensive summary of the financial report of the project for all partners separately. After reviewing the quality and dissemination plans



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discussion, future dissemination activities and multiplier events were discussed. The value that the partners gave to the dissemination activities and the effort they expended were truly admirable. The last session was about reviewing the website and obtaining general suggestions. After discussing the website review in this session, the decision to publish the book chapters, which we believe to be the most comprehensive book on electrophysical agents, was reconfirmed. After this session, it was time to plan the next meeting dates. Özlem YÜRÜK and Yasemin KARAASLAN started planning work for the 5th and 6th Transnational Meeting of CK4Stim, but it was decided that the Hatay MKU (6th TPM) meeting could be moved to another province because of the big earthquake.

At the end of the day, after all the discussions, the project participants went on a fascinating cultural journey, and the Isparta Ethnography Carpet and Rug Museum was visited. The museum tour left a wonderful taste accompanied by the museum guide, a magnificent view of Isparta, and each floor was decorated with carpets and rugs with a different motif. While all the features of the Isparta carpet were mentioned by the guide, the texture of the carpets left an unforgettable feeling on the partners' fingers. The weaving workshop located in the museum was also visited and Nilüfer ÇETİŞLİ KORKMAZ and Vaida ALEKNAVICIUTE- ABLONSKE experienced traditional carpet weaving. Although the museum does not only include Isparta carpets, carpets from great civilizations and different cultures such as Konya and Iran were also brought together with our partners. After our museum visit, an Isparta Local Rose Products Discovery event was held with partners.

The fourth meeting held in Isparta attracted attention not only with its attentive and productive working sessions but also with its ability to strengthen respectful and warm relations between the project partners.

The target group of the CK4Stim project is all project stakeholders, including project team members, university teachers and students, clinical physiotherapists and mentors, high school students and teachers, public and private institutions, associations, individuals, and the general society.

You can follow the developments regarding the CK4Stim project, where all project outputs will be prepared as open-access newsletters that will be prepared every 6 months.





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Let's be aware of the electrical stimulation approaches in physiotherapy and rehabilitation for standardization and variation and to support evidence-based studies.

Project Partners:

Pamukkale University, Türkiye

Medical Doctor- Prof. Dr. Ahmet KUTLUHAN

Physiotherapist- Prof. Dr. Nilüfer ÇETİŞLİ-KORKMAZ (Project Coordinator)

Engineer- Prof. Dr. Fatih CETİŞLİ

Engineer- Prof. Dr. Arzum İŞİTAN

Physiotherapist- Assoc. Dr. Furkan BİLEK (as Observer Postdoctoral Doctor)

University of Craiova, ROMANIA

Medical Doctor- Prof. Dr. Ligia RUSU

Physiotherapist- Dr. Lecturer Eva ILIE

Assist. Prof. Mihai RUSU

Başkent University, Türkiye

Physiotherapist- Prof. Dr. Zeliha Özlem YÜRÜK

Hatay Mustafa Kemal University, Türkiye

Physiotherapist- Assoc. Dr. Esra DOĞRU-HUZMELİ



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Physiotherapist- Assist. Prof. Yasemin KARAASLAN

Süleyman Demirel University, Türkiye

Physiotherapist- Assoc. Prof. Mehmet DURAY

Šiauliai State University of Applied Sciences, LITHUANIA

Physiotherapist- Assoc. Prof. Dr. Vaida ALEKNAVICIUTE- ABLONSKA

Physiotherapist- MSc. Dovydas GEDRIMAS

Burdur Mehmet Akif Ersoy University

Physiotherapist- MSc. Fatma Nur ALÇIN

Physiotherapist- MSc. Betül SÖYLEMEZ

Associated Partners

Turkish Physiotherapists Association

Lithuanian Association of Physiotherapists

Romanian Association of Physiotherapists

Estonian Association of Physiotherapists

Contacts

You can follow and access project outputs and news via our website:

For all kinds of questions and information



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CK4Stim Project Facebook page: <https://www.facebook.com/CK4Stim-109320221807989/>

CK4Stim Project Twitter page: <https://twitter.com/ck4stim>

CK4Stim Project Instagram page: <https://www.instagram.com/ck4stim>

CK4Stim Project YouTube Channel: <https://www.youtube.com/channel/UCBjIg1raSO-e0DZnujiKhmw>

News:

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4 Stimulation



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